

When you love but don't like your child



We have noticed that a lot of families are experiencing difficulties at home as a result of recent disruptions to routines and increased anxiety and stress. This is contributing to growing confrontations between children and parents, with many of you admitting you are struggling to connect with your sons and daughters in a positive way.

The following article, 'When you love but don't like your child', provides some explanations for challenging behaviours in children and suggests ways for moving forward constructively. You can read the article online [here](#). We hope you find this information helpful.

As the school counsellors, we are always happy to speak to you if you have any concerns about your child's mental health or behaviours at home.

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